

Call your family doctor or local medical clinic TODAY for a Pap test appointment.

My appointment for a Pap test:

Date: _____

Time: _____

Place: _____

Telephone: _____

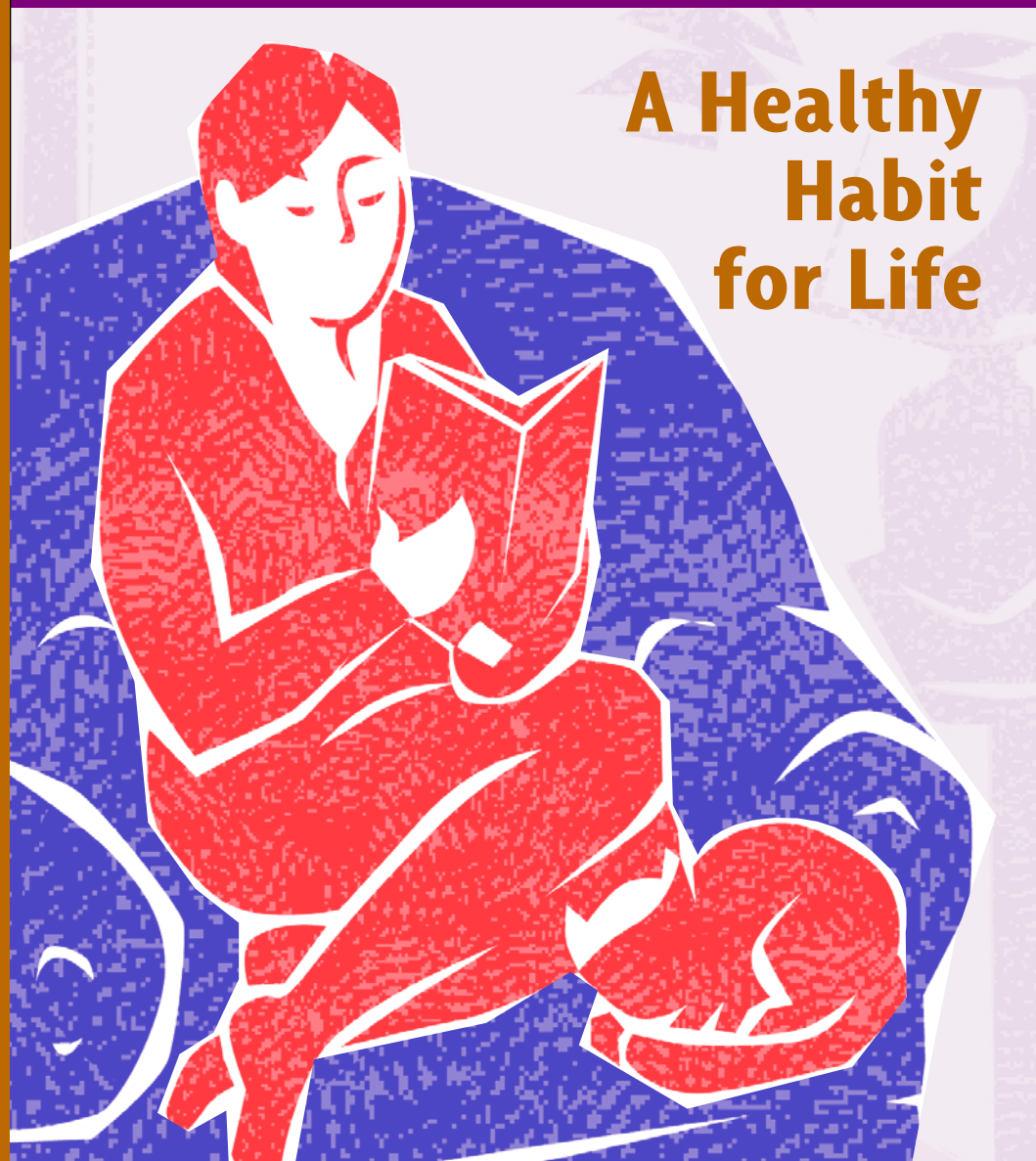


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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Public Health Service
National Institutes of Health

Pap Tests

**A Healthy
Habit
for Life**



**NATIONAL INSTITUTES OF HEALTH
National Cancer Institute**

Get your appointment for a Pap test today!

1. Could I have cancer of the cervix and not know it?

YES—often there is no pain.

And this kind of cancer kills many women every year.

2. What does that mean for me?

It means get a Pap test.

A Pap test can find cancer early.

If it's found early, it's easier to cure.

3. How often should I get a Pap test?

Get a Pap test every year.

4. How is the Pap test done?

The nurse or doctor wipes a swab on the cervix in your vagina.

This takes only a few seconds.

5. Where do I get a Pap test?

- Family doctor
- OB/GYN
- Medical clinic
- Local health department

6. Who needs to have a Pap test?

You do if:

- You are **over** 18; or
- You are **18 or under** and have sex

There is no upper age limit for the Pap test.

Even women who have gone through the change of life (menopause) need a Pap test every year.

7. Why is a Pap test important to me?

Because it can tell if you have cancer of the cervix early—while it's still easier to cure.

It can save your life!

**For more information on the Pap test, call the
National Cancer Institute's toll-free Cancer
Information Service at 1-800-422-6237.**

